



A.S.K. THE EXPERTS IJS AND 6.0 CRITIQUES

Host: The Yarmouth Ice Club

Location: The Bog Arena
188 Summer Street
Kingston, MA 01880

Date: Saturday, October 29th
8:00 AM – 6:00 PM



The Yarmouth Ice Club is pleased to offer the Autumn Synchro Kickoff (ASK) as an opportunity for teams to receive critiques of element skills and programs. Teams will be able to **ASK National and World level officials** questions and receive feedback early in the season to better prepare teams for competition. Our confirmed panel of experts include: Wendy Enzmann, Robin Greenleaf, Rick Perez, Lois Long, Elliot Schwartz, Lisa Marsocci and others to be named. ASK is a new event designed to provide synchronized skating teams an edge as they enter the competition season.

ENTRIES: All entries must be made through Entry Eeze at www.entryeeze.com no later than September 10, 2016. Space for this session is limited and entries accepted on a first come, first serve basis.

FEES:

Entry Fees:	\$100 for Non-IJS and \$150 for IJS teams
Skater Fee	\$5.00 per skater for all teams

Each Team will receive the following:

IJS Teams (Juvenile*, Intermediate, Novice, Junior, Senior, Collegiate, and Adult)

- One 20-minute on-ice review with technical panel officials and judges.
- During on-ice 20-minute block, teams will have the opportunity to review elements, GOEs, components, and synchronized skating skills. Sections of program(s) with music are allowed.
- One-on-one critique session (Junior & Senior, choice of short program or free skate) with technical panel officials and judges.

*(*Juvenile pending decision at 2016 Governing Council)*

6.0 Teams (Preliminary, Pre-Juvenile, Open Juvenile, Juvenile, Masters, Open Adult, Open Masters, Open Collegiate)

- 15 minute block of ice with in-depth reviews with judges
- During on ice 15-minute block, teams will have the opportunity to review elements and synchronized skating skills. Sections of program with music are allowed.
- One-on-one critique session with judges.

Entry fees will not be refunded after the entry deadline unless the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable.

PLANNED PROGRAM CONTENT (PPC): A PPC sheet is required for each team and should be completed via Entry Eeze.

ELIGIBILITY: **ASK** critiques are open to synchronized skating teams competing at: Preliminary, Pre-Juvenile, Open Juvenile, Juvenile, Intermediate, Novice, Junior, Senior, Collegiate, Open Collegiate, Adult, Open Adult, Masters, and Open Masters.

RINK INFORMATION: The **ASK** program will be held at the Bog Arena at 188 Summer Street, Kingston, MA in Rink 1. The Bog is conveniently located off of Route 3 in South in Kingston, MA. The rink is an official NHL-Sized ice surface. Seating capacity at the rink is 800.

PARKING: The Bog Arena has ample parking space for cars and buses.

GENERAL RULES/ INFORMATION: The **ASK** Critiques will be conducted under the rules set forth in the 2016-17 Official U.S. Figure Skating Rulebook and this announcement. Teams will exhibit their programs and components of their programs for the purposes of receiving feedback from the expert panel of USFS officials listed above.

LIABILITY: In accordance with Article XXVI and rule 1600 of the U.S. Figure Skating Rulebook, U.S. Figure Skating, The Yarmouth Ice Club and the Bog Arena take no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree and assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of this event, and to waive and release any and all claims which they may have against any officials, USFS, the skating clubs and/or organizations hosting this event, and against its officers, and their entries shall be accepted only on such condition.

SCHEDULES: Schedules for the critique will be emailed to teams when available and posted at the rink

REGISTRATION: The registration desk will be open 1 hour prior to the first scheduled practice ice or critique session and will be noted on the official schedule distributed to coaches prior to the critiques.

MUSIC: Turn music in at the Registration Desk upon arrival. Only CDs (standard format) will be accepted. Each CD must be clearly marked with the team name, division, and music length. Only 1 track per CD. All music must be picked up at the completion of the event at the Registration Desk. Abandoned CDs will be discarded at the end of the day. Please hold a second copy of your CD rink-side. We will not assume responsibility for damage or loss of music but will take every precaution to ensure the safety of this media.

FOOD/BEVERAGE: The Bog Arena Snack Bar will be open during this event and there are several restaurants within 5 minutes of the Bog Arena. See the registration desk for additional information.

LODGING/HOTELS:

Comfort Inn, Plymouth

Address: 155 Samoset St, Plymouth, MA 02360

Phone: [\(508\) 746-2800](tel:5087462800)

www.plymouthcomfortinn.com/

Hilton Garden Inn, Plymouth

Address: 4 Home Depot Drive, Plymouth, MA 02360

Phone: [\(508\) 830-0200](tel:5088300200)

<http://hiltongardeninn3.hilton.com/en/hotels/massachusetts/hilton-garden-inn-plymouth-PYMMAGI/index.html>

John Carver Inn, Plymouth

Address: 25 Summer St, Plymouth, MA 02360

Phone: [\(855\) 771-3293](tel:8557713293)

www.johncarverinn.com/

ADMISSION: No entrance fee will be charged for spectators.

CONTACT INFORMATION: Please contact Kara Moss at kmoss713@gmail.com or Carolyn Pierce at carolynpierce45@gmail.com

ASK - Autumn Synchro Kickoff



ENTRY FORM

Saturday, October 28th, 2017
 The Bog Arena
 188 Summer Street, Kingston, MA

Team Information: Complete a separate entry form for each team participating in this event.

Team Name:	
Club	
Team Contact	
Phone	
Address	
Primary Coach (es)	
Coach Phone	
Coach Email	
Number of Skaters on Team	
Number of Alternates	

Check Level

- Preliminary
- Pre Juvenile
- Juvenile
- Open Juvenile
- Intermediate
- Novice

- Junior Short
- Junior Free Skate
- Senior Short
- Senior Free Skate
- Collegiate

- Adult
- Masters
- Open Adult
- Open Masters
- Open Collegiate

Entry Fees

\$100.00 for Non-IJS, \$150.00 for IJS

\$5.00 PP Skater Fee: # of Skaters on team _____ X \$5.00 =

TOTAL Enclosed

\$ Amount

Submitted Via Entry Eeze

ALL fees and registration forms due by September 10, 2016. PPC forms due by October 1, 2016



ASK - Autumn Synchro Kickoff

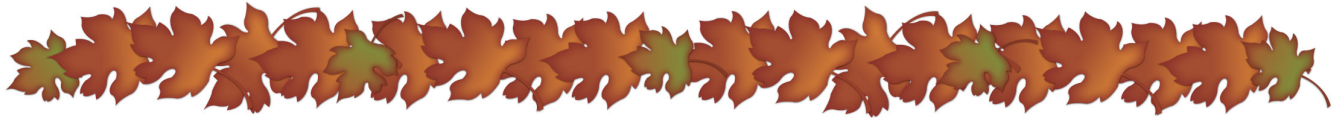
Liability Waiver/Certification by Club Officer

Team Name	
Level	

	Skater's Name (alpha order)	Skater or Parent (if skater under 18) Signature
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
99.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		
21.		
22.		
23.		
24.		

Club officer: All skaters listed on the team entry form are to the best of my knowledge, eligible members in good standing and eligible to compete under U.S. Figure Skating Rules

Name: _____ Signature: _____
Title: _____ Club Name: _____



Planned Program Content Sheet for ALL TEAMS

INSTRUCTIONS

The planned program content sheet does not have the Well-Balanced Free Skate designations for any skating division. It is the **responsibility of the coach to know what the requirements** for the division in which their team will be competing this season. The sheet has been designed for the officials to take notes directly on the form. Please utilize the space in the left-hand column only, and **leave the right hand column empty for the officials**. There is space on the second pages to add questions for the officials.

Coaches for teams under the 6.0 judging system may not need to provide as much information on the sheet as coaches for teams under the IJS judging system, such as levels and features. IJS coaches may want to include this kind of information so that the IJS technical panel has the opportunity to see the team's projected goal for the season and can offer meaningful feedback as to whether criteria was met to achieve desired levels. Many coaches for non-qualifying teams have never had an opportunity to fill out a planned program content sheet so it is hopeful that this will be a worthwhile exercise.

We require that all teams submit a completed planned program content sheet for this event. Officials will be fully prepared to concentrate and focus their attention on each team, and coaches will receive the most thorough and tailored feedback to meet their specific needs.



ASK - Autumn Synchro Kickoff
Planned Program Content Sheet

Team: _____ Coach(es): _____

Level: _____ Music/Theme: _____

List Elements IN ORDER of SKATE

ELEMENT: Include as much detail as possible: features, levels, comments (note if it's a transition)	Technical Panel & Judges Notes
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	



Planned Program Content Sheet

Page 2

Team: _____ Coach(es): _____

Level: _____ Music/Theme: _____

Please carry team information forward from page one in the event the pages are separated.

In order to tailor your critique to meet your specific needs, please use the space below to ask specific questions for the Technical Panel and Judges:

1. _____

2. _____

3. _____

Please list any potential conflicts with cross skaters or coaching conflicts due to responsibilities to multiple teams.
